



Emergency First Aid at Work Training Course (1 day)

This is a one day course to help meet employer's regulatory requirements, based on a risk assessment that determines that first aid covering emergency protocols only is sufficient for a workplace. This is an interactive course that offers a practical demonstrations, quizzes and activities to embed the learning experience.

Who should attend?

The course is suitable for nominated first aiders in smaller, low risk environments.

What you will learn?

The course provides basic lifesaving first aid and workplace health and safety regulations, covering the following:

- The role of the first aider
- Health and safety (first aid) regulations
- Accident recording and reporting
- Managing an emergency
- Communication and casualty care, assessing and monitoring a casualty
- Dealing with an unresponsive casualty
- Resuscitation (adult CPR)
- How to use of a Defibrillator – how to respond, following prompts and pad placement
- Seizures (adult)
- Bleeding (minor and severe)
- Experiencing shock
- Burns
- Choking (adult)



Assessment

Continuous observation and assessment by the trainer throughout the course.

Certification

Successful candidates will receive certification, which is valid for three years.

Course size

To ensure every delegate can engage and benefits from participation the course size is limited to a maximum of 12 people. Participants should be physically able to participate in practical activities.

Re-qualification

Once you have completed Emergency First Aid at Work training you will need to repeat the same course again after three years to re-qualify.